Find all real numbers $k$ such that the vector $\boldsymbol{v}=(1,-2, k)$ in $\mathbb{R}^{3}$ (with the usual operations) is in the linear span of the vectors $\boldsymbol{x}=(3,0,-2)$ and $\boldsymbol{y}=(2,-1,-5)$.

Prove your answer. Be sure to address both necessity and sufficiency. Show all work.

