**B O X 6.1** Sample Assessment Outline

• Client name, address, and telephone number

• Demographic variables, including gender, age, religion, cultural identity,

sexual orientation, relationship status, employment or means of support,

education, and training

• Significant others (names, addresses, phone number)

• Presenting problems

• Biopsychosocial stressors

• Client’s strengths

• Family background

• Significant developmental history

• Assessment of person in situation, including culture, networks, community

supports, and spirituality

• Health and physical status, including medications

• Cognitive/intellectual capacities and skills

• Behavioral assessment

• Emotional/affective state