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**TABLE 2 Description of Studied Variables in Baseline and Post-test Between Groups**

|  | **EXPERIMENT (*n* = 25)** | **CONTROL (*n* = 25)** | **TOTAL (*n* = 25)** |
| --- | --- | --- | --- |
| **Variables** | **Mean** | ***SD*** | **Mean** | ***SD*** | **Mean** | ***SD*** |
| Empowerment Baseline Post-test |
| Baseline | 98.40 | 9.19 | 97.08 | 8.99 | 97.74 | 9.02 |
| Post-test | 105.04 | 7.28 | 97.12 | 8.73 | 101.08 | 8.91 |
| Self-care self-efficacy |
| Baseline | 89.56 | 14.88 | 93.00 | 13.62 | 91.28 | 14.02 |
| Post-test | 96.00 | 13.55 | 91.40 | 10.55 | 93.70 | 12.24 |
| Depression |
| Baseline | 14.00 | 11.31 | 10.40 | 10.34 | 12.20 | 10.88 |
| Post-test | 13.36 | 10.55 | 10.40 | 10.34 | 11.88 | 10.45 |
| Tsay, S. L., & Hung, L. O. (2004). Empowerment of patients with end-stage renal disease: A randomized controlled trial. *International Journal of nursing Studies, 41* (1), p. 62. |