

(61) Energy method revised :

$$I = \frac{m(4l^2)}{12} = \frac{ml^2}{3}$$

Total energy of rod & x-component of angular momentum are conserved - only forces acting on rod are gravity, acting at CM, and normal force at point of contact.

$$\dot{x}(t) = 0.$$

$$\dot{y} = -l \sin \theta \dot{\theta} = v$$

$$mgl = mgl \cos \theta + \frac{1}{2}mv^2 + \frac{I \dot{\theta}^2}{2}$$

$$\frac{1}{2}ml^2 \sin^2 \theta \dot{\theta}^2 + \frac{1}{6}ml^2 \dot{\theta}^2 = mgl(1 - \cos \theta)$$

$$\dot{\theta}^2 ml^2 \left(\frac{1}{2} \sin^2 \theta + \frac{1}{6} \right) = mgl(1 - \cos \theta)$$

$$\dot{\theta} = \sqrt{\frac{2g(1 - \cos \theta)}{l(\sin^2 \theta + 1/3)}}$$

$$\ddot{\theta} = \frac{d\dot{\theta}}{d\theta} \dot{\theta} = -\frac{2g(1 - \cos \theta) \cos \theta \sin \theta}{l(\sin^2 \theta + 1/3)^2} + \frac{g \sin \theta}{l(\sin^2 \theta + 1/3)}$$

$$= \frac{6g \sin \theta}{l} \left[\frac{11 - 12 \cos \theta + 3 \cos(2\theta)}{(5 - 3 \cos(2\theta))^2} \right]$$