

Wolf Story

An old man is teaching his grandson about life.

“A fight is going on inside me” he said to the boy. “It is a terrible fight between two wolves. One wolf is fear. He is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.”

“The other wolf is good. He is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion, and faith.

This same fight is going on inside you, and inside every other person too.”

The grandson thought about it for a moment, then asked “Grandfather..... which wolf will win?”

The old man replied “THE ONE YOU FEED.”