**Table 7.1 Some Common Symbols**

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| **Common Nature Symbols** | | |
| Spring | Birth, new beginning | |
| Summer | Maturity | |
| Autumn | Aging | |
| Winter | Death, stagnation, sleep | |
| Light | Hope, knowledge, truth, safety | |
| Darkness | Fear, ignorance, evil, danger | |
| Oak tree | Strength, wisdom | |
| Pine tree | Immortality | |
| Mountain | Holy place (inspiration), safety, strength | |
| Rose | Beauty, love | |
| Rain (ironic) | Sadness or blessing | |
| Lightning (ironic) | Life–giving or death–causing | |
| Mist or fog | Isolation; uncertainty | |
| Wind, storm | Turmoil of human emotions | |
| Water | Source of life, regeneration | |
| River | Flow of human experiences | |
| Sun | Life source (masculine symbol) | |
| Moon | Patterned change (feminine symbol) | |
| Gold | Perfection | |
| **Common Cultural Symbols** | | |
| Bull | Constellation Taurus; aggressive investment market | |
| White flag | Surrender | |
| Laurel garland (ancient cultures) | Victory | |
| Lotus flower (Asian culture) | Rebirth; determined striving | |
| Phoenix |  | |
| Laurel garland (ancient cultures) | Victory | |
| Lotus flower (Asian culture) | Rebirth; determined striving | |
| Phoenix | Renewal | |
| Crown | Designation of royalty | |
| **Common Color Symbols** | | |
| White | | Innocence, light, purity, insight, life |
| Black | | Evil, ignorance, corruption, death |
| Red | | Passion, danger |