**Table 7.1 Some Common Symbols**

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| **Common Nature Symbols** |
| Spring | Birth, new beginning |
| Summer | Maturity |
| Autumn | Aging |
| Winter | Death, stagnation, sleep |
| Light | Hope, knowledge, truth, safety |
| Darkness | Fear, ignorance, evil, danger |
| Oak tree | Strength, wisdom |
| Pine tree | Immortality |
| Mountain | Holy place (inspiration), safety, strength |
| Rose | Beauty, love |
| Rain (ironic) | Sadness or blessing |
| Lightning (ironic) | Life–giving or death–causing |
| Mist or fog | Isolation; uncertainty |
| Wind, storm | Turmoil of human emotions |
| Water | Source of life, regeneration |
| River | Flow of human experiences |
| Sun | Life source (masculine symbol) |
| Moon | Patterned change (feminine symbol) |
| Gold | Perfection |
| **Common Cultural Symbols** |
| Bull | Constellation Taurus; aggressive investment market |
| White flag | Surrender |
| Laurel garland (ancient cultures) | Victory |
| Lotus flower (Asian culture) | Rebirth; determined striving |
| Phoenix |  |
| Laurel garland (ancient cultures) | Victory |
| Lotus flower (Asian culture) | Rebirth; determined striving |
| Phoenix | Renewal |
| Crown | Designation of royalty |
| **Common Color Symbols** |
| White | Innocence, light, purity, insight, life |
| Black | Evil, ignorance, corruption, death |
| Red | Passion, danger |