**Analyze** how humanistic and existential theories affect individual personalities.  
   
  
      \*Limitations of all three humanistic and existential personality theories in regard to how they affect individual personalities.

***Humanistic and Existential Personality Theories Matrix***

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Theory** | **Assumptions** | **Reliability** | **Validity** | **Application** |
| **Holistic-Dynamic Theory** |  |  |  |  |
| **Person-Centered Theory** |  |  |  |  |
| **Existential Psychological Theory** |  |  |  |  |