

[Home](#)[Bakery](#)[Meat & Seafood](#)[Produce](#)[Cheese &  
Dairy](#)[Wine](#)**Hours**[Mon. - Sat.](#)

10 - 6

[Sun.](#)

11 - 4

**Locations**[La Jolla](#)[Del Mar](#)[Encinitas](#)

Our meat and seafood are procured from certified organic producers.

The meat and seafood products are fresh and prepared in the store to your order. The butcher shop in each store carries:

- Dry, aged beef
- A variety of poultry including turkey, duck, pheasant, quail and chicken
- Lamb
- Home-made sausages – made without preservatives
- A wide variety of local seafood
- Live lobsters

**We will be happy to handle  
any special requests you  
may have!**

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