Class Notes:

There are several theories that explain human development they are: Psychoanalytic, Learning/Social-Learning, Cognitive, Biological/Ethological and Ecological.

I think the theory best explains human development would be Ecological.  The ecological theory has five systems micro system, mesosystem, the exosystem, and the macro system, and finally he developed the fifth system the chronosystem. All these systems have rules, standards also parts that shape the development of human beings.

The micro system: includes the family, peer group, neighborhood and school life, this system shape a person's development through direct contact. That the individuals who have direct contact with the agent will aid in the construction of the settings of this system. (www.articlesalley.com)

The Meso System: the relationship between school life, the neighborhood and the family ([www.articlesalley.com](http://www.articlesalley.com)).

The exosystem: An example is where the government will build schools which will create a micro system environment. Also a parent may be laid off from work and this will result to certain outcomes to the family for example, low-income levels leading to the lack of basic needs in the family (www.articlesalley.com).

The Macro system:  How society or the culture of the society, this influences the individual directly but the individual has less in determining his settings, this for example include ideologies such as democracy, capitalism and socialism ([www.articlesalley.com](http://www.articlesalley.com)).

The chronosystem: Develops as a result of a person's experience in his life, this includes environmental events and transitions in an individual’s life.  It explains the  
history of individual’s and how the events that materializes in their daily life (www.articlesalley.com).

Creating your own theory of human development is difficult, since scientist have been examining this for centuries. But one thing you look for in human development is human behavior how it is learned through modeling and observing others behaviors. We think about what we create in our mind, how we can evaluate it. How we have emotional impact our environment as well as learning it.