**The Case study of Virginia and Tom:**

Virginia Castilla a 33 year old female married to Tom Castilla a 40 year old male. They have married for 5 years were happily married until Virginia finding out that Tom had various infidelities. They currently do not have any children although it was in their future plans. Tom owns his own construction company and Virginia is currently unemployed.

Virginia and tom find themselves in a marital crisis when Virginia discovers that Tom has had several affairs during the course of their marriage. Tom agrees to see a marriage counselor. Tom says that he cannot see how his affairs got in the way of the relationship with his wife. Especially, since they were never meaningful. He believes that what is done is done and that it is pointless to dwell on the past transgressions. He is upset over his wife’s reaction to learning about his affairs.

He says that he loves his wife and that he does not want to end the marriage. His involvements with other women were sexual in nature rather than committed love relationships. Virginia says that she would like to forgive her husband but that she finds it too painful to continue living with her knowing of his activities, even though they are in the past. She is not reassured by Tom’s reactions that he will not cheat again and that he may continue to rationalize these activities.