I have recently retired from military from 26 years of Service. My position was an Executive Level Supervisor. Now I am an employee at United States Post Office at the Lowest Level. I see a lot of Manager/ Supervisor level things being conducted wrong and unprofessional, but at my position I cannot say anything. It is a total culture shock. I am having trouble adjusting, but to keep my job I will have to maintain my bearing and keep quiet, or figure a way to address the issue but also stay in my lane as a clerk. I have had a bizarre experience when I had to behave as if nothing was wrong rather than taking a decision against the wrong professional practices that I see.

My emotions run wild because everyone act as if nothing is wrong. When I go through the experiences regarding the inability to decide whether any action should be taking against the unprofessional practices I am witnessing. I get highly frustrated with the fact that I know what is wrong, but I am restricted from taking any action against it. In relation to my experience, I found a middle way for dealing with the changes in the Post Office. There specific things that I have learned through my experience in changing jobs that will enable me to help facilitate change in my leadership in the future. Individuals like to remain in the comfort zone and resist any change that affects them in a negative manner (Hiatt & Creasey, 2003). The identification of the impact of change forms an important part of change management (Hiatt & Creasey, 2003).

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