What is the correlation between caffeine and migraine headaches?

Caffeine is a common ingredient in many prescription and over-the-counter headache medications. Caffeine additives make pain relievers 40% more effective in treating headaches. Caffeine also helps the body absorb headache drugs more quickly, bringing faster relief.

Questions to Answer:

1. What percentage of headache medicines contains caffeine?
2. What studies have been conducted that gives conclusive data?
3. Do caffeine additives make pain relief more effective?
4. How significant is caffeine in treating migraine headaches?